



# VALLEY REAL LIFE

Parenthood | Discipline

---

## **Last Week**

Has this series motivated you to have a plan to help your children learn to depend on God instead of you when they grow up?

## **Opener**

Tell us a story about when you were disciplined as a child that was memorable. What about it made it stick with you all these years?

## **Questions**

As parents, do you find it difficult to let your child fail at things? Why do you think that is? What do you think about encouraging your children to try new things and fail at them? How would that conversation go between parent and child?

Do you as parents struggle to be on the same page on how to discipline your kids? Was agreeing on how to discipline something you did right away when you decided to have kids? If so, how is it going?

How do you describe healthy discipline? Can you give an example?

How do you explain rules to your children? ("Because I said so", "The Bible says...", "If you don't, this will happen to you.", or something else?)

How do you manage screen time for your kids or teach them healthy habits about it?

## **Apply SOAP (Scripture, Observation, Application, Prayer) to:**

Proverbs 10:17 (NIV)

Whoever heeds discipline shows the way to life, but whoever ignores correction leads others astray.

- *Read the verses out loud together*
- *Share your observations*
- *Discuss Application*
- *Close in Prayer*

## **Next Steps:**

What is your next step when it comes to giving or receiving discipline?