



VALLEY REAL LIFE

Plot Twist | Week 4

Last Week

Were you able to change something to help you with temptation?

Opener

What is your typical reaction when things go all wrong, especially when you didn't see it coming?

Questions

Tell about a situation where something bad happened, but everything turned out for the better? How long did it take you to gain that perspective?

Why do you think it can be so hard for us to remember that God is always with us? What happens when you do remember this truth?

Have you had a tough time where you thought "But God will turn this into something good?" or have you had a time when you reflected back on it and realized "But God used that to for good in my life?" How do things change when we remember that God is the main character of this story and not ourselves?

What practical steps can we do in our lives to put ourselves in a position to remember what God has done for us to prepare us for adversity?

Apply SOAP (Scripture, Observation, Application, Prayer) to:

Psalm 40:11-13 (NIV)

Do not withhold your mercy from me, Lord; may your love and faithfulness always protect me. For troubles without number surround me; my sins have overtaken me, and I cannot see. They are more than the hairs of my head, and my heart fails within me. Be please to save me, Lord; come quickly, Lord, to help me.

- *Read the verses out loud together*
- *Share your observations*
- *Discuss Application*
- *Close in Prayer*

Next Steps:

What truth will you hold onto this week? God is still with you and loves you. Choose to trust God in your current situation. God's story isn't finished in or through you.

