



# VALLEY REAL LIFE

Ephesians - God wants more from you than you do

## **Last Week**

Did you think or pray about God's unity in the church from last week?

## **Opener**

Think about a time when your life took an unexpected turn. How did you navigate the change, and what did you learn from it?

## **Questions**

What helps you find contentment and satisfaction in challenging situations? (Think of Paul's example of being in prison and still embracing his circumstances).

How do you typically approach prayer when you're contemplating significant truths or difficult life events? What might those prayers sound like?

Since we know God desires more for us than we can imagine, what does "more" look like for you in this season of life? If you're not sure, what do you think it could be?

In Paul's prayer, he prays for the Ephesians to understand and experience that love of Christ. What would you describe this to someone, or can you share a time when you have been overwhelmed by the love of Christ?

How has your understanding of God's plan for your life changed over time?

## **Scripture Discovery:**

Have yourself, another group member, or all group members read the following Scripture out loud

Ephesians 3:14-21 (NLT)

*When I think of all this, I fall to my knees and pray to the Father, the Creator of everything in heaven and on earth. I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit. Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong. And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is. May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God. Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think. Glory to him in the church and in Christ Jesus through all generations forever and ever! Amen.*

- What does this passage tell us about God?
- What does this passage tell us about people?
- How do you need to apply this passage to your life?
- And who are you going to tell?

Pray