



# VALLEY REAL LIFE

## Devoted: Worship and Prayer

### Last Week

What were you thinking and feeling after last week's conversation about Sabbath?

### Opener

Do you have a favorite worship song? Is there a story behind why it's your favorite?

### Questions

How does music help you engage with God on a deeper level? Share a personal experience where a worship song impacted you.

Discuss the idea that worship involves our body, soul, and spirit. Which of these areas do you find easiest to engage in worship, and which is the most challenging for you?

How have your personal music preferences impacted your ability and attitude to worship God?

Is there anything you are currently doing or struggling with that is hindering others or yourself from fully worshipping God—specifically at church services?

In what ways can you encourage and uplift others in our church through singing and worship?

### **Scripture Discovery:**

Have yourself, another group member, or all group members read the following Scripture out loud

### **Ephesians 5:17-20 (NIV)**

*Therefore do not be foolish, but understand what the Lord's will is. Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.*

- What does this passage tell us about God?
- What does this passage tell us about people?
- How do you need to apply this passage to your life?
- And who are you going to tell?

Pray