



VALLEY REAL LIFE

[Questions Jesus Asked | Do you want to get well?](#)

Last Week

How did you apply last week's lesson on values? Who did you share the lesson with?

Opener

Have you seen someone who has fully recovered from something (health, relationship, financial) and how did their life change?

Questions

Why do you think Jesus asked the man at the well if he wanted to be well vs just healing him first?

Similar to the paralyzed man, do you struggle with any excuses or justifications for why you aren't as well as you had hoped?

Asking for Jesus' help and saving grace takes a lot of humility. We must admit we need help. How have you needed humility in your interactions with Jesus?

Problems we need healing for are a direct result of sin (not necessarily our own). Does this make it harder or easier to ask God for healing?

Scripture Discovery:

Read the verses out loud together

Psalms 103:1-5 (NLT)

Let all that I am praise the LORD; with my whole heart, I will praise his holy name. Let all that I am praise the LORD; may I never forget the good things he does for me. He forgives all my sins and heals all my diseases. He redeems me from death and crowns me with love and tender mercies. He fills my life with good things. My youth is renewed like the eagle's!

- What does this passage tell us about God?
- What does this passage tell us about people?
- How do you need to apply this passage to your life? And who are you going to tell?

Pray