



VALLEY REAL LIFE

Ephesians - Living In Grace

Last Week

Did you take some time to pray about your identity in Christ and your calling to live in Christ?

Opener

Have you ever had a belief in something that was really, important to you, then realized what you believed was wrong? How did this change your approach to whatever it was that was really, important to you?

Questions

In your own words, how do you explain to someone the idea of living in Grace? Is it difficult for you to embrace the idea of living in Grace?

Since spiritual growth isn't about what you do, but about the quality of our relationship with God, how does this challenge or confirm your understanding of spiritual growth?

Paul encourages the Ephesians to let go of old patterns/ideas such as relying on rules or trying to earn favor. What old habits/ideas do you find the most difficult to remove from your new identity? Were there any new habits you felt you needed to start making, that came easier to you?

What would happen to you if you began to see things, ideas, or people as God sees them?

Ephesians 4:23 tells us to renew our thoughts and attitudes. What does that mean to you? Are there any examples of thoughts or attitudes you recognized you needed to change?

Scripture Discovery:

Have yourself, another group member, or all group members read the following Scripture out loud

Ephesians 4:17-24 (NLT)

With the Lord's authority I say this: Live no longer as the Gentiles do, for they are hopelessly confused. Their minds are full of darkness; they wander far from the life God gives because they have closed their minds and hardened their hearts against him. They have no sense of shame. They live for lustful pleasure and eagerly practice every kind of impurity. But that isn't what you learned about Christ. Since you have heard about Jesus and have learned the truth that comes from him, throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy.

- What does this passage tell us about God?
- What does this passage tell us about people?
- How do you need to apply this passage to your life?
- And who are you going to tell?

Pray