



# VALLEY REAL LIFE

## Ephesians - Blessed

### **Last Week**

Did you reflect this past week on the parable of the Prodigal Son and what it teaches us about God's grace?

### **Opener**

Can you share a simple blessing you have felt in the recent past? (Could be this year, this week, today)

### **Questions**

What does it mean to you to be "blessed" in the context of your faith and how does this differ from the secular understanding of the term?

If love is a choice, how does it help you understand your relationship with God? How do you actively choose to love God and others in your life?

Consider a moment when you felt God had chosen you for a particular purpose. How did you respond to this sense of calling?

What does it mean to you to be adopted into God's family? How does this shape your identity as a Christian?

If we make God happy, how does this perspective influence your relationship with Him?

### **Scripture Discovery:**

Have yourself, another group member, or all group members read the following Scripture out loud

Ephesians 1:3-6 (NLT)

*All praise to God, the Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms because we are united with Christ. Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure. So we praise God for the glorious grace he has poured out on us who belong to his dear Son.*

What does this passage tell us about God?

- What does this passage tell us about people?
- How do you need to apply this passage to your life?
- And who are you going to tell?

Pray