



VALLEY REAL LIFE

Arrival - Joy

Last Week

How did you apply last week's lesson on peace in other areas of your life? Who did you share the lesson with?

Opener

Describe in your own words the difference between joy and happiness?

Questions

Have you had an experience where you were happy, but later the happiness went away? Why do you think you lost your happiness?

Are the holidays a season of joy for you? Why or why not?

What are some ways you can put yourself in a position to experience joy in this season? Is there anything you can do routinely?

Describe a time when your circumstances weren't the best, but you were able to maintain your joy? What was running through your mind that helped you?

Scripture Discovery:

Have yourself, another group member, or all group members read the following Scripture out loud

Revelations 21:3-4 (NLT)

I heard a loud shout from the throne, saying, "Look, God's home is now among his people! He will live with them, and they will be his people. God himself will be with them. He will wipe every tear from their eyes, and there will be no death or sorrow or crying or pain. All these things are gone forever."

- What does this passage tell us about God?
- What does this passage tell us about people?
- How do you need to apply this passage to your life?
- And who are you going to tell?

Pray