VALLEY REAL LIFE

Ephesians - Walk this Way

Last Week

Did you find yourself reminiscing about where you thought your life would end up vs where it is now?

Opener

Have you ever been part of something (excluding the church), where you began to adopt new habits or a new way of living your life?

Questions

Paul teaching in Ephesians 4 discusses a shift from understanding who we are to how we should live. What does this transition from "head knowledge" to "heart and hands" action look like? How do we help people start through this transition?

How would you explain a calling to someone? How do you understand your own calling, and what does it mean to live a life that reflects that calling?

Humility, gentleness, patience, and unity are mentioned as a way to live our life in Christ. Are any of these more challenging for you? Do you feel like you understand why they are more difficult for you?

Paul teaches that we should live out our identity in Christ, rather than trying to earn it. How does this understanding impact your daily choices and mindset?

Steve used a metaphor of living like a "spiritual orphan" vs a "loved, chosen, secure son or daughter of the King." Which of these do you most resonate with and what might help you walk more fully as a son or daughter of the King?

Scripture Discovery:

Have yourself, another group member, or all group members read the following Scripture out loud

Ephesians 4:1-4 (NLT)

Therefore I, a prisoner for serving the Lord, beg you to lead a life worthy of your calling, for you have been called by God. Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love. Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace. For there is one body and one Spirit, just as you have been called to one glorious hope for the future.

What does this passage tell us about God?

- What does this passage tell us about people?
- How do you need to apply this passage to your life?
- And who are you going to tell?

Pray