



VALLEY REAL LIFE

Winning the War in your Mind | Slay Big Dragons

Last Week

How did you apply last week's lesson on navigating politics? Who did you share the lesson with?

Opener

Do you know someone who has overcome a difficult childhood and appear to have overcome it as an adult? What is the story you think they've told themselves about their life?

Questions

Why do you think people give up trying to slay the big dragons or reach their goals in their life?

What are some of the strongholds you personally deal with? Do you find they are mostly physical or spiritual?

From the lesson, what are some things we can do to help ourselves overcome our strongholds? Why is persistence so important in accomplishing this?

What are some of your greatest take aways from this series? Have you applied anything successfully to your life since the sermon series started?

Scripture Discovery:

Have yourself, another group member, or all group members read the following Scripture out loud

Romans 8:5-9 (NLT)

Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit. So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace. For the sinful nature is always hostile to God. It never did obey God's laws, and it never will. That's why those who are still under the control of their sinful nature can never please God. But you are not controlled by your sinful nature. You are controlled by the Spirit if you have the Spirit of God living in you. (And remember that those who do not have the Spirit of Christ living in them do not belong to him at all.)

What does this passage tell us about God?

- What does this passage tell us about people?
- How do you need to apply this passage to your life?
- And who are you going to tell?

Pray