



# VALLEY REAL LIFE

[Winning the War in your Mind | Intro](#)

## **Last Week**

How did you apply last week's lesson on Ask, Seek, Knock? Who did you share the lesson with?

## **Opener**

Do you recall a thought from your childhood that still directs your life today?

## **Questions**

If our current thoughts determine who we will become, can you share what you think your destination is? What can we do to change our direction of our future self?

When you evaluate your relationships in your life, why did you choose them to be in your circle of influence? What about your "input" from the culture, how do you choose what you use for information/news/education in your daily life?

What are some other ways we feed our minds? Do you have a routine you use to feed your mind?

Who are the most influential people in your life? In what way have they influenced you, good or bad?

## **Scripture Discovery:**

Have yourself, another group member, or all group members read the following Scripture out loud

1 Corinthians 10:5 (NIV)

*We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.*

- What does this passage tell us about God?
- What does this passage tell us about people?
- How do you need to apply this passage to your life?
- And who are you going to tell?

Pray