



VALLEY REAL LIFE

[Questions Jesus Asked | Why Are You Afraid?](#)

Last Week

Did your view of Jesus strengthen from last week?

Opener

What are you afraid of? What are you most afraid of?

Questions

“What you fear establishes the boundaries of your freedom.”—Erwin McManus. What does this mean to you regarding your faith?

The words ‘Do not be afraid’ appear some 365 times in the Bible. Why do you think there is such an emphasis from God about our fear? What does this say about what God wants from us?

In the sermon it was said that safety is our highest value, but it isn’t God’s highest value for us. Why do you think that is?

If we figured out a way to truly not be afraid, what could you see yourself doing in life and for God’s kingdom? How do you think we get to this point in our faith?

Scripture Discovery:

Read the verses out loud together

2 Timothy 1:7-9 (NLT)

For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline. So never be ashamed to tell others about our Lord. And don’t be ashamed of me, either, even though I’m in prison for him. With the strength God gives you, be ready to suffer with me for the sake of the Good News. For God saved us and called us to live a holy life. He did this, not because we deserved it, but because that was his plan from before the beginning of time—to show us his grace through Christ Jesus.

- What does this passage tell us about God?
- What does this passage tell us about people?
- How do you need to apply this passage to your life? And who are you going to tell?

Pray