



VALLEY REAL LIFE

Devoted: A life shaped by prayer.

Last Week

Did you have a takeaway from last week's lesson about prayer through song?

Opener

What are some things that can create noise or distractions in our lives that can make it difficult to hear God?

Questions

How does praying together with others impact your individual prayer life?

Have you tried the Breathing Prayer or the Lectio Divina method in your prayer life? Did anything stand out on these two methods that make them worth trying?

How does the idea of surrendering your will to God's will impact your prayer life? Can you think of a time when you actively tried to surrender a desire or plan to God? What was that experience like?

Dan said in his lesson, "If God answered every one of our prayers this week – what would change in His Kingdom?" What is your immediate reaction to this statement? Guilt, shame, conviction, pride? Why do you think you feel that way?

Do you believe that your prayers are important to God? Do you believe that your prayers have an impact on your world?

Scripture Discovery:

Have yourself, another group member, or all group members read the following Scripture out loud

Matthew 6:9-13 (NLT)

Pray like this: Our Father in heaven, may your name be kept holy. May your Kingdom come soon. May your will be done on earth as it is in heaven. Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don't let us yield to temptation, but rescue us from the evil one.

- What does this passage tell us about God?
- What does this passage tell us about people?
- How do you need to apply this passage to your life?
- And who are you going to tell?

Pray