



VALLEY REAL LIFE

Devoted: Prayer and scripture.

Last Week

How did you apply last week's lesson about consistent and intentional prayer? Who did you share the lesson with?

Opener

When you read the Bible, what is your goal (insight, guidance, growth, etc...)?

Questions

Do you find yourself tempted to compartmentalize God in your life? How does this typically happen?

Jesus often chose to go away and be alone in his prayer. What do you think would happen in your prayer life if you could do this as well? Have you ever considered prayer as the first instinct to countering stressful situations in your life?

Do you find yourself too busy to pray? If so, how do we change this in your life? Do you want to change it?

Have you considered, or do you already, use scripture to pray? Do you have a favorite passage you like to use? Are you trying to use your prayer journals?

Scripture Discovery:

Have yourself, another group member, or all group members read the following Scripture out loud

Psalms 23:1-6 (NLT)

The Lord is my shepherd; I have all that I need. He lets me rest in green meadows; he leads me beside peaceful streams. He renews my strength. He guides me along right paths, bringing honor to his name. Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me. You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil. My cup overflows with blessings. Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the Lord forever.

- What does this passage tell us about God?
- What does this passage tell us about people?
- How do you need to apply this passage to your life?
- And who are you going to tell?

Pray