



VALLEY REAL LIFE

Uncommon | Uncommon Sexuality

Last Week

Have you taken a personal step that you believe will help improve unity at VRL?

Opener

What was your point of view about sex/marriage/sexuality prior to becoming a Christian/growing up?

Questions

Why do you think that the subject of sex was important to the teachings of Jesus and the early church?

Paul used the phrase to “run” from sexual sin. Why do you think he suggested this response from the early church? What does it suggest about sexual sin?

In 1 Corinthians 5:9-11 (read), Paul teaches that we can’t avoid unbelievers who indulge in sexual sin, but that we should avoid those who claim to be believers who indulge in sexual sin. Why do you think he made that distinction?

What kind of habits can we put into place to help ourselves stay within the boundaries God has set up for us when it comes to sex?

Apply SOAP (Scripture, Observation, Application, Prayer) to:

1 Thessalonians 4:3-5 (NLT)

God’s will is for you to be holy (sanctified), so stay away from all sexual sin. Then each of you will control his own body and live in holiness and honor— not in lustful passion like the pagans who do not know God and his ways.

- *Read the verses out loud together,*
- *Share your observations,*
- *Discuss Application*
- *Close in Prayer*

Next Steps:

What is something you can do to help protect yourself and your family from sexual sin?

*For those interested in guidance and healing from sexual sin, check out Celebrate Recovery every Monday at 6pm or at www.vrl.church/recovery.

